

Welcome to the Senior Grocery Program!



This is a USDA program that is administered by FOOD For Lane County. The USDA refers to this program as the Commodity Supplemental Food Program, and CSFP is an acronym that is used on government forms. FFLC will continue referring to the program simply as the Senior Grocery Program. We are very excited to provide this service, and we hope you find it helpful and delicious!

The program will provide a monthly food box of nutritious staple foods. These foods follow a USDA guideline to provide nutrition necessary to a balanced senior diet. You can expect to receive 35 to 40 pounds of food once a month.

There are two ways to qualify for the program:

- You are over the age of 60 and under the income eligibility guidelines (see chart on next page for specific income requirements)

OR

- You are over the age of 60 and over the income guidelines, but receive benefits through one of the following programs:
 - Supplemental Nutrition Assistance Program (SNAP) - formerly known as food stamps
 - Temporary Assistance for Needy Families (TANF)
 - Medicaid

Before you can begin receiving your monthly food box we must receive a complete application and proof of ID as well as address. If you are under the income guidelines, you can self-declare your income on the application without additional verification. If you are over the income guidelines, we will also need to see verification of your enrollment in one of the programs mentioned above.

For further questions, please contact Carly Petersen at FOOD for Lane County:

(541) 343-2822, Ext. 115 or by email at cpetersen@foodforlanecounty.org

*FOOD for Lane County is an equal opportunity employer and provider.



2024 CSFP Income Guidelines

| <u>People in Home</u> | <u>Annual Income</u> | <u>Monthly Income</u> |
|-----------------------|----------------------|-----------------------|
| 1 person | \$19,578 | \$1,632 |
| 2 people | \$26,572 | \$2,215 |
| 3 people | \$33,566 | \$2,798 |
| 4 people | \$40,560 | \$3,380 |
| Each Additional Add | \$6,994 | \$583 |

Each member of a household can be qualified separately.

APPLICATION FOR THE COMMODITY SUPPLEMENTAL FOOD PROGRAM ~CSFP~

Please read page 1 and 2 before filling out the form. Answer all questions. Keep page 1 and 2 for your records.

HOW DO I APPLY FOR THE COMMODITY PROGRAM?

This application is for the CSFP Program. To determine if you qualify, you must submit this application to the Senior Grocery Program at FFLC. You must meet certain program requirements to participate in the program. This program allows specified nutritional foods and offers information on nutritional needs.

To apply, you must:

- Complete this form with all the necessary information;
- Self-declaration of income or no-income
- Show proof of statements you make on this form, specifically:
 - Proof of residence
 - Picture ID

HOW DO I APPLY FOR OTHER PROGRAMS AND SERVICES?

You must contact: FOOD for Lane County at this address 770 Bailey Hill Road, Eugene, OR 97402 if you want to apply for other services and programs offered by the agency.

HEARING RIGHTS FOR THE CSFP PROGRAM ONLY:

"Standards for participation in the Program are the same for everyone regardless of race, color, national origin, age, sex, and disabilities; you may appeal any decision made regarding your written denial or termination from the Program. If your application is approved, nutrition education will be made available to you and you are encouraged to participate."

If you disagree with denial or termination of assistance, you can request a fair hearing within sixty (60) days of the decision by contacting _____ (LCA). A request for a fair hearing shall be personally presented, either orally or in writing. A request for an information review must include: 1) Name, address and contact phone number, 2) the reason for the grievance, 3) the action of relief sought.

A hearings officer will arrange a date, time and place convenient to both you and _____ (LCA). In preparing for the hearing you have the right to examine any documents, including records and regulations that are directly relevant to the hearing. You have the right to be represented by counsel or any other person chosen as your representative. You have the right to a private hearing unless you request a public hearing. You have the right to cross-examine all witnesses. The hearings officer must render a decision within fourteen (14) days of the hearing. If you disagree with the decision of the hearing officer, you may pursue a judicial review.

DATA COLLECTION:

Racial and/or ethnic data collected on this form have no effect on the eligibility determination of the household. Thank you for filling out this form as accurately and completely as possible. The federal government is requesting this information in order to monitor compliance with the federal statutes that prohibit federally assisted programs from discriminating against applicants on this basis. Information obtained will be kept confidential and used for statistical analysis only. Racial and ethnic information is voluntary.

NUTRITION EDUCATION:

The local agency will make nutrition education available to all adult participants, and to parents or caretakers of infant and child participants, and will encourage them to participate. The local agency will provide information on other nutrition, health or assistance programs, and make referrals as appropriate.

Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Commodity Supplemental Food Program: Notice of Beneficiary Rights

Because this program is supported in whole or in part by financial assistance from the Federal Government, we are required to let you know that—

- We may not discriminate against you on the basis of religion or religious belief, a refusal to hold a religious belief, or a refusal to attend or participate in a religious practice;
- We may not require you to attend or participate in any explicitly religious activities that are offered by us, and any participation by you in these activities must be purely voluntary;
- We must separate in time or location any privately funded explicitly religious activities from activities supported with USDA direct assistance;
- If you object to the religious character of our organization, we must make reasonable efforts to identify and refer you to an alternate provider to which you have no objection. We cannot guarantee, however, that in every instance, an alternate provider will be available; and
- You may report violations of these protections (including denials of services or benefits) by an organization to the State agency (FAP.CSFP-TEFAP@state.or.us) The State agency will respond to the complaint and report the alleged violations to their respective USDA FNS Regional Office (<http://www.fns.usda.gov/fns-regional-offices>).

We must provide you with this written notice before you enroll in our program or receive services from the program, as required by 7 CFR part 16.


Program Participation Policy and Agreement

By participating in the **Eugene Meals on Wheels program**, or the **Senior Grocery Program**, both recipient (you), program staff and volunteers agree to abide by the participation policy. Participation in either program may be discontinued if this agreement is violated.

I agree to:

- Treat each individual with compassion, respect, and kindness at all times.
- Avoid all forms of physical aggression.
- Avoid all forms of disrespectful language. Maintain appropriate topics of conversation with clients, staff, and other volunteers. Disrespectful conversations, written correspondence, and jokes may include but are not limited to disrespect based on a person's race, color, national origin, age, sex, sexual orientation, marital status, veteran status, physical or mental disability, or any other legally protected condition or characteristic.
 - Hate speech is not tolerated and is grounds for immediate dismissal.
- Identify problems or concerns in a respectful way.
 - Do not yell at, blame, threaten, or name call, even if angry, frustrated, or hurt.
 - If there is a problem you have not been able to resolve, seek assistance from the program manager Amber Friedman at 541-343-2822 x141
- Provide a safe environment for deliveries.
 - If staff or volunteers will be entering your home or coming to your door, please make sure it is safe for them to do so by restraining any aggressive or unpredictable animals.
 - To protect the health and safety of some individuals, please refrain from smoking while staff or volunteers are in your home.
 - Please alert our office right away if you are experiencing any potentially contagious illnesses such as cough, fever, sore throat, diarrhea, or vomiting. To protect the health of delivery drivers, we will arrange for a no-contact delivery until you are recovered.

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- Dress in a way that provides adequate bodily coverage to maintain the comfort and safety of all individuals.
 - Clothes must be worn in a way such that undergarments, genitals, buttocks, breasts, and nipples are fully covered with opaque fabric at all times.
 - Acknowledge and accept we all have different points of view.
 - Respect the privacy and confidentiality of all individuals.

FOOD for Lane County is an equal opportunity employer and provider to all, regardless of race, color, national origin, age, sex, sexual orientation, marital status, veteran status, physical or mental disability or any other legally protected condition or characteristic.

If the agreement above is violated, you may be subject to any or all of the following actions depending on the severity of the violation, and not necessarily in this order:

- Warning Call, Reminder of Program Policies
- Warning Letter, Reminder of Program Policies
- Visit from a FOOD For Lane County Manager to discuss the issue
- Reduction in delivery frequency for probation period
- Discontinuation of delivery for probation period
- Termination from the program

- I consent to any legally authorized investigation for confirmation of any information that I provide. I agree to let the State of Oregon Department of Human Services give information to DHS, LCA or Oregon Food Bank to determine my eligibility.
- I acknowledge that I have received the first page of this application outlining my rights to request a fair hearing if my application is denied. I understand that I must request a hearing within sixty (60) days of the written date of denial.
- I CANNOT sell or trade commodities or use someone else's commodities for my household.
- I also agree to inform the CSFP office if my household income or composition changes. I will provide the new information within ten (10) days of the change.
- The local agency will make nutrition education available to all adult participants, and to parents or caretakers of infant and child participants, and will encourage them to participate
- The local agency will provide information on other nutrition, health or assistance programs, and make referrals as appropriate
- Improper use or receipt of CSFP benefits as a result of dual participation or other program violations may lead to a claim against the individual to recover the value of the benefits, and may lead to disqualification from CSFP

This application is being completed in connection with the receipt of Federal assistance. Program officials may verify information on this form. I am aware that deliberate misrepresentation may subject me to prosecution under applicable State and Federal statutes. I am also aware I may not receive both CSFP and WIC benefits simultaneously, and I may not receive CSFP benefits at more than one CSFP site at the same time. Furthermore, I am aware that the information provided may be shared with other organizations to detect and prevent dual participation. I have been advised of my rights and obligations under the program. I certify that the information I have provided for my eligibility determination is correct to the best of my knowledge.

I authorize the release of information provided on this application form to other organizations administering assistance programs for use in determining my eligibility for participation in other public assistance programs and for program outreach purposes.

Yes No Please indicate your decision by placing a check mark in the appropriate box.

APPLICANT SIGNATURE: _____ DATE: _____

WITNESSED IF SIGNED WITH AN X: _____ DATE: _____

STAFF MEMBER SIGNATURE: _____ DATE: _____

| | |
|-----------------------------------|---|
| FOR OFFICE USE ONLY: | |
| ID Type Provided: _____ | |
| <input type="checkbox"/> APPROVED | <input type="checkbox"/> DENIED <input type="checkbox"/> NOTICE OF ACTION _____ Date: _____ |
| Staff Initial _____ | |
| Remarks: _____ | |

| | |
|--|----------------------------------|
| Annual review of eligibility: | |
| Participant eligible and interested in participation Y/N | Staff initial: _____ Date: _____ |
| Participant eligible and interested in participation Y/N | Staff initial: _____ Date: _____ |

Commodity Supplemental Food Program (CSFP)
NOTICE OF ELIGIBILITY (Certification and ReCertification)

Date: _____

Client's Name(s): _____

Parent/Guardian Name: _____

Address: _____

Verification of Age: Does the client meet the age eligibility? Yes No

What proof did you use for verification? _____

Verification of Residence: Does the client meet the residence eligibility? Yes No

What proof did you use for verification? _____

Verification of Income: Does the client meet the income eligibility? Yes No

What is the client's income? _____

What proof did you use for verification? _____

(adjunct eligibility requires hard copy proof for verification)

Verification of Pregnancy: If applicable, does the client meet eligibility by pregnancy? Yes No

What proof did you use for verification? _____

If any of the above eligibility criteria change, you may reapply for the Commodity Supplemental Food Program (CSFP). If you do not agree with the above decision you may request a fair hearing by following the information on the back of this form. If this is a re-certification, by signing this document, the client is certifying that the information provided above for eligibility determination is correct to the best of his/her knowledge.

Signature Client/Parent/Guardian

Date

*Just sign
+ date
here*

You/your child has been certified to receive CSFP benefits until: _____

OR You/your child has been placed on the CSFP waiting list due to the lack of an available caseload slot and you will be notified if a caseload slot becomes available, in the order received.

By checking this box the undersigned confirms the information above and verifies that the client has been provided with, or is notified of the posting of, the time, location, and means of food distribution.

Signature Staff

Date

The U.S. Department of Agriculture (USDA) prohibits discrimination in all of its programs and activities on the basis of race, color, national origin, age, sex, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



Senior Grocery Program at FOOD For Lane County



Participant Pre-Survey Year _____

Place a check mark in the column that indicates the number of servings you eat of each food category on an average day.

| | 1-2 Servings | 3-4 Servings | 5+ Servings | None | Don't Know/Unsure |
|---|---------------------|---------------------|--------------------|-------------|--------------------------|
| Vegetables | | | | | |
| Fruits | | | | | |
| Protein (meat, fish, beans, tofu, etc.) | | | | | |
| Dairy (milk, cheese, etc.) | | | | | |

Circle the answer that best completes the sentence regarding your current situation.

| | | | | | |
|---|-------------|--------------------|------------------------|--------------------------|----------------|
| I eat healthy, balanced meals ____. | Every day | Most days | 2-3 times a week | Once a week | Not very often |
| I run out of money to buy food by the end of the month ____. | Every month | Most months | About half of the time | A few months of the year | Never |
| I reduce the size of my meals ____ because I don't have enough money to buy food. | Every day | 4-6 times per week | 2-3 times per week | Once per month | Never |

Are you a current Meals on Wheels recipient?

Yes

No