BUY AN ANIMAL AT NEXT YEAR'S FAIR AND DONATE IT TO FOOD FOR LANE COUNTY

There's more to the Lane County Fair than carnival rides and cotton candy. This is a story about two pigs, a family that was helped by a pantry and a donor with a reputation for giving.

Barb is 14, a freshman at Junction City High School and active in her local 4-H. This year, Barb raised two pigs for her 4-H project to show at the Lane County Fair. Both pigs were Yorkshire Hampshire cross. One weighed 275 pounds. The other weighed 280 pounds.

In 2021, Susie Papé approached FFLC about donating a large quantity of meat for distribution through our network of pantries. She also wanted to help a student in 4-H or FFA, preferably a student who needed extra financial help, and also people who use food pantries.

"I do this because 4-H is a wholesome activity for our youth," said Susie — who, with her sons, owns the Papé Group. "I want to promote that wholesome lifestyle and help them raise money for their education."

HIGH QUALITY PORK FOR FAMILIES IN NEED

Susie purchased Barb's pigs for \$10 a pound, significantly higher than this year's market average of \$4.75 a pound and the \$3.50 a pound that Barb received for her pig last year. Susie paid for the processing of both pigs and donated the meat to FFLC. The meat will be made available to pantries that partner with FFLC, providing people with high quality pork who otherwise might not have access to it.

PROVIDING FOOD FOR FAMILIES

What does Barb think of all this?

"Barb always has lots of big emotions about selling her pigs, but she understands why we do this," said Barb's mom Kime. "It's to put food in our freezer and other families' freezers."

"We teach in 4-H that this is the cycle. It provides food for families. And thanks to Mrs. Papé's generosity, Barb will be able to start next year's project debt-free and boost her college savings. What a blessing."

"We've had to eat at food pantries," said Kime, who was once a single mom. "There was one time we ate canned beans for three weeks straight — breakfast,

lunch and dinner. We would glean, and I've always canned. But sometimes there just wasn't enough food."

"I tell Barb that it's super important to acknowledge when things go full circle," said Kime. "So us coming from where we sustained on food pantry food to now being able to provide food to the pantries is huge."

Meanwhile, Susie Papé hopes others will follow her lead at next

"The fair is about supporting these kids," said Susie. "I hope this encourages someone else to think about buying an animal at next year's fair and donating it to FOOD For Lane County."

Susannah Morgan reminded us that we are all part of the solution to hunger

NO STRANGER TO STRUGGLE in Oregon. Food is at the center of what we do at FFLC, but we must also advocate for policies that support families living on limited incomes, strengthen communities and address the root causes of hunger.

> "Our freedom, our health and our ability to thrive all depend on access to food that is nutritious and familiar," said Susannah. "Yet we know we can't truly end hunger for good through food alone. We have to take action to prevent hunger from happening in the first place. That's why I'm asking everyone who cares about these issues to get involved."

In her annual State of Hunger address on August 31, Oregon Food Bank CEO

1 IN 5 OREGONIANS HAS FACED FOOD INSECURITY

GOVERNOR KATE BROWN VISITS FOOD FOR LANE COUNTY

YOUR VOICE MATTERS

VOTE TUESDAY, NOVEMBER 8

Nearly 1.7 million Oregonians accessed emergency food assistance in 2020, nearly double what the network saw before the pandemic and the worst rate of hunger in a century. That number improved in 2021, down to 1.2 million people, thanks to government intervention and community generosity.

The high costs of groceries, gas and housing are increasing the demand for food assistance in Lane County and across the state. Many families are still recovering from the economic disruptions caused by the pandemic.

"Food banks are by no means immune to rising food and fuel prices," said Susannah. "Fuel costs are up 30% since December, and freight costs to transport food to our warehouses are up 16% over that same period. We're paying 12% to 40% more for food purchases to keep up with demand."

REMEMBER TO VOTE IN NOVEMBER

FFLC is a member of the Oregon Food Bank statewide network of 21 regional food banks in Oregon and southwest Washington. We are grateful for the work OFB does in Salem and Washington, DC, to end hunger in Oregon.

One of the ways to address the root causes of hunger is through policy change in the legislature and at the ballot box. So remember to vote by Tuesday, November 8.



November 4 and 5 KDUK Stuff the Bus

November 19 Letter Carriers' Food Drive

November 24 Turkey Trot

November 29

KVAL Take a Bite Out of Hunger

February 1-28, 2023

9th Annual Grilled Cheese Experience

February 24, 2023

Food Is... Art Show at White Lotus Gallery

More info online at foodforlanecounty.org/events

FOLLOW US









FOOD for THOUGHT

■ NEWSLETTER ■ FALL 2022



FOOD FOR LANE COUNTY

770 Bailey Hill Road Eugene, OR 97402 (541) 343-2822

MISSION

To reduce hunger by engaging our community to create access to food

We accomplish our mission by soliciting, collecting, rescuing, growing, preparing and packaging food for distribution through a countywide network of social service agencies and programs, and through public community advocacy.

VISION

To end hunger in Lane County

Design: Amy Renée Design

JUSTICE OF EATING AWARDS **CELEBRATE HUNGER HEROES**

After two years apart, we were excited to gather in August with our partner agencies to reconnect and to present the 2020 and 2022 Justice of Eating Awards and 2022 Justice of Eating Honorable Mentions. The Justice of Eating Awards honor those who have made significant contributions — through hard work, dedication and compassion — to reduce hunger in Lane County. This award is a way to acknowledge the monumental work that our network partners, many of them volunteers, do every day. Thank you and congratulations!

2020 JUSTICE OF EATING AWARD WINNERS

Cindy Wobbe, Florence Food Share (Individual) Helping Hand Marcola (FFLC Partner Agency) Burrito Brigade (Group/Organization) Karen Edmonds (Lifetime Achievement Award) King Estate (Donor)

2022 JUSTICE OF EATING AWARD WINNERS

Jeannie Evans, Catholic Community Services (Individual) Alluvium Church (FFLC Partner Agency) CORE Eugene (Group/Organization)

2022 JUSTICE OF EATING HONORABLE MENTIONS

Acorn Community Cafe (Group/Organization) Kurt Blachnik, Community Food for Creswell (Individual) Barb Boehm, Daily Bread (Individual) Jen Cisneros, Head Start of Lane County (Individual) Community Sharing Program (FFLC Partner Agency) Helping Hand Marcola (FFLC Partner Agency) Ed Murphy, St. Mary's Kitchen (Individual) Jo Rodgers, Oregon Family Support Network (Individual) Dawn Marie Woodward, FFLC (Individual) Rural Organizing Project (Group/Organization)



THANK YOU FOR SUPPORTING **OUR SUMMER FOOD PROGRAM**

summer. The pandemic changed the way we did business for a while, but it didn't slow us down.

Thank you to staff and volunteers who prepped and served 22,270 meals in June, July and August and to our site supervisors who together drove some

We hope everyone had a safe and happy 17,000 miles to ensure that children had meals to eat.

> In August, we met Springfield parents Karla and Lee and their three kids at Willamalane Park.

"This really helps," said Karla. "It's one less meal we have to worry about during the summer."





FOOD for THOUGHT ■ FALL 2022 DONATE ONLINE AT FOODFORLANECOUNTY.ORG/DONATE

MILES FOR MEALS RIDE RAISES \$47,470 FOR LOCAL HUNGER RELIEF

Congratulations to Lisa and John Manotti, who completed their 4,165-mile cross-country bike trip from Florence, OR, to Sea Isle City, NJ, on July 31. Their ride raised \$47,470 for hunger relief in Lane County.

Annually more than 100,000 people in Lane County rely on FFLC and our countywide network for help and hope. Thank you to everyone who contributed to John and Lisa's effort to strengthen our community.

"John and I are grateful for the generosity and kindness of friends and family and to the many wonderful people we met as we pedaled across this beautiful country," said Lisa.

"We were humbled by our adventure, and we learned a lot about how people live in many parts of our nation. It was heartbreaking to see so many communities in need of assistance. Thank you to all of you for helping us fight hunger in our community."



We've partnered with FreeWill.com to bring you an easy, online resource you can use to prepare your will in less than 20 minutes. Account for your assets while protecting yourself and your loved ones. Consider including a gift to FFLC in your plan. Your impact will continue for years to come.

"Using FreeWill reminded me a bit of using tax preparation software. I answered simple questions, and FreeWill translated my answers into a legally acceptable

"After completing the individual bequest section, FreeWill made it easy to divide the remainder of my estate among people and charitable organizations. I chose to leave a percentage to FOOD For Lane County to help continue the good work they do for our community." T. Bishop

Learn more and get started today at foodforlanecounty.org/FreeWill.

PUTTING YOUR DOLLARS TO WORK



At press time, renovations at our Bailey Hill Receiving and Volunteer Center were near completion, thanks to generous support from donors like you.

With these updates we can process more fresh food, receive and distribute more food with greater efficiency, train more volunteers and help more people in our community

High costs of food, gas and other necessities are causing real hardship for families living on limited incomes in Lane County. Your neighbors need your help. Please join us as we work to increase food access through our partner agency network and direct service programs.

\$1 ALLOWS US TO PROVIDE 3 MEALS

When you donate to FFLC, your gift is put to work immediately to help our neighbors in need. Here are a few ways your gift makes a difference.

\$30 Provides meals for a child for a month

\$60 Delivers groceries to a senior for a year

\$90 Provides one nutrition education class for eight students

\$120 Provides meals for a family of four for a month

\$160 Provides meals for one Dining Room guest for a year

\$250 Provides a new job trainee with work boots, gloves and apparel

\$500 Provides two weeks of wages for a Youth Farmer

THANK YOU TO THESE RECENT DRIVES

FFLC relies on food and fund donations from all sources. Thank you to these recent drives for keeping the food and funds moving to our neighbors in need.

Bushnell University Athletics • Cascade Manor • East/West Tea Company • Eugene Realtors Association Food Drive • Eugene Symphony • Fred Meyer Q Street • Hispanic Heritage Month Food Drive • Lane County Fair • Lane County Home Show • Letter Carriers' Food Drive • UO Spring Game and Food Drive • Village Inn Apartments



WHEN YOU VOLUNTEER YOU MAKE A DIFFERENCE

Volunteers make our work possible every day. We couldn't do what we do without them. Our volunteer website makes it easy to learn about volunteer opportunities and sign up.

We need volunteers to help with the programs listed below. We would love to get to know you!

The Dining Room • Meals on Wheels • Senior Grocery • GrassRoots Garden • The Youth Farm • Day Kitchen • Food Rescue Express Mobile Pantry • Kibble on Wheels • Various board committees

Go to volunteer.foodforlanecounty.org or call (541) 343-2822 to learn more.

A MESSAGE FROM OUR EXECUTIVE DIRECTOR



WAYS TO DONATE

foodforlanecounty.org/donate



770 Bailey Hill Road Eugene, Oregon 97402



(541) 343-2822



FFLC's mission is to reduce hunger by engaging our community to create access to food.

That middle phrase - by engaging our community - is at the heartof our mission, literally and figuratively. It describes how we reduce hunger and create access to food. And one of the most significant ways we engage our

community is through the FFLC volunteer program.

Warehouse volunteers sort and organize donated food. Kitchen volunteers dish up meals for Meals on Wheels, chop veggies and repackage rescued cafeteria food into family-size portions. Volunteer drivers deliver Meals on Wheels and Senior Grocery food boxes.

Office volunteers help with data entry. Garden volunteers help with everything from soil preparation to harvest. Dining Room volunteers prepare and serve meals, bus tables and make our Dining Room guests feel welcome.

Volunteer board and committee members provide guidance and direction. Event volunteers help with all aspects of fundraising events. And partner agency volunteers do everything associated with receiving, storing and distributing food at pantries, meal sites and other food distribution programs all over Lane County.

I want to express my deep and sincere gratitude to all FFLC volunteers. The wonderful collaborative effort that is FFLC would literally not function without your generous donation of time and effort.

And for those who haven't yet volunteered with FFLC, there is a place for you, too. Go to volunteer.foodforlanecounty.org for a complete list of opportunities. Chances are you will find one that fits your passion and your schedule.

Sincerely,

Tom Much

Tom Mulhern **Executive Director**

NEWLY RENOVATED BAILEY HILL RECEIVING AND VOLUNTEER CENTER UNVEILED AT EMPTY BOWLS AUCTION

We officially cut the ribbon on our newly renovated Bailey Hill warehouse on Friday, October 14, at the 19th Annual Empty Bowls Dinner & Auction. Each year, the auction raises several hundred thousand dollars for our neighbors experiencing hunger. Watch our social media pages for photos from this year's event and more.

Leading up to the event and thanks to generous donations from this community, FFLC achieved its \$10 million fundraising goal for the Building to Serve capital campaign. The two-phase campaign began in 2017 with efforts to open our new West Broadway Distribution Center in Fall 2019.

The second phase was completed in September and included renovation and upgrades at our Bailey Hill facility. FFLC is well-positioned to meet the need for food assistance now and in the future.

A huge thank you goes out to Empty Bowls Auction chairs, Drs. Kim Ruscher and Kevin Modeste. Thank you also to our guests, volunteers, donors and to these generous

Murphy Company • PacificSource Health Plans • King Estate • Fred Meyer Jewelers Café Yumm! • Bo's Wine Depot • Kaiser Permanente • Moss Adams PeaceHealth • CBT Nuggets • Roseburg Forest Products



SCAN A COUPON

Thank you for donating to SCAN a Coupon. SCAN is an easy way to give where you live. SCAN today at one of these participating stores.

Market of Choice • Down to Earth • The Kiva Friendly Street Market • Capella Market Sundance Natural Foods

OUR PARTNERS









