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dining room Serves More People with Community Support

The FOOD for Lane County dining room has a new look and feel and has opened its doors to new people.

In March the dining room was opened to adults between the ages of 18 and 60 years. Prior to March, it was only serving senior citizens and families with children. Thanks to the combined efforts of a diverse and committed group of people, FFLC has created a warm and safe environment for people living on limited incomes to get a hot meal four nights a week. And the neighborhood has welcomed the program.

Vicki Bell, with her husband Daniel, owns Reflections Salon next door to the dining room. Bell attended community meetings that brought together neighbors, businesses, the city and FFLC to discuss changes at the dining room. "It is going so well over there," said Vicki. "And Keith is great. He really makes our customers feel comfortable."

Keith Heath provides security and acts as host at the dining room. At 6'5", Heath can look rather intimidating, but an easy smile gives away his gentle nature. "Since I've been here I think things have been going a little bit more smoothly," said Heath.

Staff from the City of Eugene Human Rights Commission and Community Development Department, Lane County Department of Human Services, Eugene Police Department, community mediators and neighborhood residents and businesses worked with FFLC to address concerns around the program and find a solution that worked for everyone.

Tod Schneider, a Eugene Police Officer, served as a liaison between FFLC and the Eugene Police Department. "The credit goes to everybody at the dining room for making a special effort to reach out to those people who were concerned and give them a chance to be heard. I'm really proud of FFLC and the dining room," added Schneider. "It's an honor to play even a small role to help."

Linda Kelley, Dinner Program Manager, said, "I'm happy with the way the family dinner staff and volunteers are working together. Our Eugene Site Coordinator, Tracy Joscelyn, is wonderful. She has a strong commitment to creating a place that

not only provides food but gives people a place to feel needed and valued. Her care for the diners and her great sense of humor are the magic ingredients that make it happen each day."

Joscelyn is impressed with the volunteer participation from the community and the diners, and sums it up in one word: good. "What you experience at the dining room is good people serving good food to good people."

The dining room is open to senior citizens 55 and older and families with children on Tuesday and Friday evenings, and serves adults aged 18 to 60 years on Mondays and Wednesdays. Dinner is served from 5:30 to 6:30 p.m.

FFLC has another dinner site located at 1275 Mill St. in Springfield. Dinner is served there Monday, Tuesday, Wednesday and Friday evenings from 5 p.m. to 6:30 p.m.



Keith Heath provides security at the dining room.

OUR MISSION:

To alleviate hunger by creating access to food



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Needed Items and Services



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Letter to Readers



Pat Farr, Executive Director

FOOD for Lane County is often the last or only hope of the 85,000 Lane County residents who will need our services this year. Without our help, tens of thousands of your neighbors will go hungry and send their kids off to school this fall without a meal. But who are all of these hungry people?

On June 30, FOOD for Lane County hosted Senator Gordon Smith and facilitated a roundtable of people intimately familiar with hunger and its root causes. Our guests included food recipients, social service agency heads, food pantry workers and social workers. Our audience included donors, board members, elected officials and other stakeholders.

Senator Smith has formed the bipartisan Senate Hunger Caucus to raise awareness and target the nation's hunger problem.

He heard that people who are hungry cannot be stereotyped. Hunger is caused by a wide variety of factors and is experienced by a wide variety of people: Elderly and disabled, working poor, people who have lost their jobs, families with medical emergencies, people without transportation — the list goes on and on to include the most tragic group, kids.

The group told Senator Smith the reasons why they or their clients cannot afford food. Samantha Wise, age 19, spoke of having to choose food over electricity: "I go downtown at night and I see all of those businesses with their lights on. I see all of this electricity and I can't have any of it."

Amy Feinberg spoke of her disability that keeps her from being able to earn enough to make ends meet: "When I was in fourth grade and I wrote about what I wanted to be when I grew up it wasn't being in a wheelchair and living in public housing."

The group spent over an hour talking about hunger issues and detailing ways that the senator and his colleagues can help in Washington. He took notes and listened intently.

Senator Smith's quote, "Hunger is an issue that cannot be ignored. Help must come, and it must come swiftly for the millions of Americans, especially children, who are wondering where their next meal will come from," must be a rallying cry for all of us to join together and stamp out hunger.

Sincerely,

Pat Farr
Executive Director, FOOD for Lane County

FFLC Launches New Website

We've redesigned our website and are excited to share it with you. With more content than ever and an easy-to-navigate design, our new website will expand FOOD for Lane County's visibility and make it easier to get involved in the fight against hunger.

The new website has something for everyone. Visitors can use the site to obtain information about hunger in Lane County or learn about FFLC's programs and services. You can donate online through our secure site or learn about opportunities to donate food and time. And people who are looking for food assistance can use the site to locate food pantries and other hunger relief services.

Thank you to the creative talents of Alex Wijnen of Defteling Design for her work on the website.

Visit www.foodforlanecounty.org today and take advantage of all our website has to offer.



Oregon Statewide Network Shares Food, Resources



Mid Lane Love Project volunteer Jim Coenig picks up weekly supply of food from FFLC.

FOOD for Lane County is one of 20 regional food banks serving 37 counties across Oregon and southwest Washington. Oregon Food Bank (OFB) is at the hub of this statewide network. OFB collects and distributes food from state and national food industries, food drives, and federal allocations of USDA commodities. They use a formula that ensures equitable sharing of food across the state.

Oregon Food Bank is affiliated with America's Second Harvest, the largest domestic hunger relief organization in the United States. With headquarters in Chicago, America's Second Harvest collects and distributes food through a nationwide network of 200 regional food banks.

OFB NETWORK PROVIDES HUNGER RELIEF STATEWIDE

The mission of the statewide network is to work together to eliminate hunger and its root causes in Oregon. Regional Food Banks (RFBs) meet quarterly to share ideas and challenges, and to conduct training sessions on topics related to food banking.

"The network was developed with the idea that together we can achieve more," said Pam Pedigo, Network Services Coordinator for OFB. "Oregon's RFBs support each other in many ways by sharing



food, sharing donated resources, sharing knowledge and lending support. We are also able to access large donations of product that would have been too much for a single food bank to handle, and distribute it statewide."

Recent network meetings included a civil rights training, a presentation by Oregon State University on its Fall 2003 study on hunger and poverty, and a roundtable discussion with industry leaders and professors on the future of the food industry.

Quarterly meetings also provide opportunities for RFBs to share information back to Oregon Food Bank staff and board members. The statewide network advises OFB on policies and procedures, advocates policies that benefit low-income people, collaborates with OFB to set organizational and service delivery benchmarks, and strives to achieve fair and equitable distribution of resources.

LANE COUNTY NETWORK ADDRESSES HUNGER AT HOME

FOOD for Lane County distributes food to agencies countywide that respond to people who are in an emergency, such as food box pantries, meal sites and homeless shelters. We also provide supplemental food to organizations that give food as part of their service and outreach to people living on limited resources. Our food is distributed according to an allocation system that ensures equitable distribution across the county.

No one individual or group can address hunger and its root causes alone. That's why FFLC partners with more than 100 social service agencies and programs every year. We leverage our resources, making the best use of the food that is available, and collaborate with our partners to ensure food assistance reaches the people who need it most.

Our Food Solicitor is Back

FOOD for Lane County's food solicitor Deb Buchanan is back with some new fund and food drive ideas, food recovery programs and events. She is looking forward to teaming up with past food champions, as well as brainstorming with new Lane County groups! Call Deb at (541) 343-2822, email her at dbuchanan@foodforlanecounty.org or find her on the new website under Food Drives!

Summer Food Program Serves More Sites than Ever

What do children do when they depend on school lunches, but school is out for the summer? FOOD for Lane County steps in to fill the meal gap, providing free, nutritious lunches during the summer months.

The first summer food program in Lane County began in 1977 serving just over 8,000 meals to low-income children at two sites. Twenty-seven years later and under the sponsorship of FOOD for Lane County, the federally subsidized Summer Food Service Program (SFSP) operates at 54 sites serving 15 communities in Lane County. Program staff and volunteers served an average 3,000 children a day and more than 110,000 meals last year between June and August. We expect to serve as many or more meals to children this summer.

FFLC runs the largest summer food program in the state, and program coordinator Karen Roth deserves much of the credit for the program's continued success. Roth has managed the program since 1999. In 2001 the program received the Congressional Hunger Center's "Victory Against Hunger Award," which recognizes outstanding organizations in the United States that work to end hunger at the local level.

FFLC accepted sponsorship from the Housing and Community Services Agency (HACSA) of Lane County, which ran the program from 1980 to 1997. Mike White is the development occupancy coordinator with HACSA and previously managed the program. "I am so glad we gave it to FFLC because it's been given the attention that it really needs," said White.

"This program would not have been as successful as it is without the support of all the people that work and volunteer for FFLC and the agencies that make up the FFLC network," said Roth. "The volunteers who come in every day and who come back every summer are just remarkable. We couldn't run this program without them." In addition to volunteers, Roth employs about 100 people, including site supervisors, cooks and assistant cooks.

The program has grown from 32 sites to 54 under Roth's leadership, to include sites in Marcola, Junction City, Dexter and Lowell and new sites in Eugene and Springfield. "I'm especially proud of being able to get into the Dexter area," said Roth, who applauds the efforts of the residents of Dexter and Pleasant Hill, the local school district, the mayor's office and area churches for making it happen.

The Summer Food Service Program is one of the least utilized of all the child nutrition programs. Nationally, only 14 percent of children who use the national school lunch program have access to summer food programs. In Oregon, the numbers are slightly better at 18 percent. "At 25 percent we're doing better in Lane County than the state overall, but we're still not filling the entire need," said Roth.

Roth is working to improve those numbers, advocating for child nutrition programs alongside the Oregon Department of Education, the Oregon Hunger Relief Task Force, Children First for Oregon, America's Second Harvest, the Food Research and Action Center and the Congressional Hunger Center. She has also worked with other summer food sponsors in Oregon and has testified in front of the Oregon House of Representatives and Senate in support of Senate Bill 287, which secured state money for summer food programs.

Thank you to Karen, Summer Food volunteers and Summer Food employees for working so hard to make this program a success.

Pilot Streamlines Summer Food Program

The Lugar Summer Food Pilot Project streamlines reimbursement and paperwork for Summer Food Service Program (SFSP) sponsors and removes limitations that make it hard for sponsors to cover the costs of running the program. The pilot project has led to higher program participation in more than a dozen states and Puerto Rico. It will be expanded in 2005 to include Oregon.

Junction City Food Pantry Responds to Local Need

In a community that saw a 40 percent increase in need for emergency food assistance over the past few years, Junction City Local Aid, the local food pantry, is a needed and appreciated service.

Pantry manager Pauline Lane relies on 20 volunteers, a weekly delivery of food from FFLC and a generous community to help her meet Junction City's local need for food.

"The community here really steps forward," said Lane, who has managed the pantry for just over a year. "They're very generous with food donations and money. One woman comes in like clockwork every week with a check for \$30. I have a few people who come in every month with a check and a bag full of groceries. Volunteer drivers from Country Coach pick up and deliver just under 3,000 pounds of food and supplies from FOOD for Lane County every week. They're real partners with us."

While contributions from the May postal food drive were down county-wide, the drive in Junction City brought in more than 7,000 pounds of food, up from 6,000 pounds the previous year. Local food donations are between 1,100 and 1,200 pounds a month. And many local businesses regularly donate money, food and services.

The pantry distributes about 220 food boxes a month that provide a three- to five-day supply of food for about 700 people. In addition to food, Junction City Local Aid provides vouchers for assistance with utilities, prescriptions and rent.

"A lot of people have never had to ask for help before and are embarrassed to ask now," said Lane. "So I try to make it as painless as possible for them. I usually have them come into my office and sit for a while and talk about how tough everybody's having it."

Lane publishes a quarterly newsletter that lets her say thank you to the residents and businesses of Junction City who give generously to the pantry. Each month she mails a postcard with a list of items or services the pantry needs. Lane regularly speaks at local churches, civic organizations and schools about the need and how to help local residents.

"We appreciate Junction City Local Aid's efforts to connect to the local community," said FFLC agency relations coordinator Linda Kelley, who also coordinates FFLC's pantry network. "Pauline has amazing energy and dedication for her work with the food pantry."

GrassRoots Celebrates Life of Volunteer

Janet Dunn came to GrassRoots Garden as a master gardener, teaching compost workshops. A wife and mother of four, she was also a substitute teacher for children with special needs at Head Start. She often helped special needs children and adults in the garden. Janet worked with groups of preschoolers and especially liked working with students who came to the garden as part of Cal Young Middle School's Connections class, who are middle schoolers flagged as most likely to drop out of high school. Janet's love for the garden, and helping those in need, was a result of her vision of social justice within the community.

Janet passed away in May shortly after being diagnosed with leukemia. "She was very flexible in what she could do," said GrassRoots Garden coordinator Merry Bradley. "If something needed to be done, she'd just jump right on in and do it, amending beds, sheet composting, harvesting a crop, watering, helping with our annual fruit tree sale or setting up and taking down for an event. She'd just join in, doing whatever needed to be done."

Janet also supported many fundraising activities over the past year, helping garden staff raise \$85,000 in six months to keep the FFCL's Gardens Program open to the community.

"Janet often led tours for new volunteers or worked alongside somebody that needed a little extra instruction or just company," added Bradley. "She often stayed late to help close up the garden. She was so generous with herself. She was such a tremendous help and an incredible emotional support."

We were so fortunate that Janet Dunn shared her generous spirit with us. Thank you to those people who have generously donated to GrassRoots Garden in Janet's name. A celebration event for Janet will be held Sunday, Aug. 29, at 12:30 p.m. at GrassRoots.



Janet Dunn gave generously to GrassRoot Garden.

Food Drives Bring in 100,000 Pounds



Volunteer Megan Stevens sorts food donated to Postal Food Drive.

Lane County individuals, organizations and businesses organized more than 60 food drives between April and June, bringing in over 100,000 pounds of food for distribution to Lane County residents. The Postal Food Drive, held in May throughout Lane County, generated over 93,000 pounds of food. For information about food drives or to organize your own drive, contact FOOD for Lane County food solicitor Deb Buchanan at (541) 343-2822 or dbuchanan@foodforlanecounty.org.

Spring Food Drives

Albertsons	Quilter's Junction
Bon Macy's	Register Guard
Burley Design	School District 4J
Cascade EGA	Shasta Middle School
Community of Christ Church	Sheldon High School
Danish Brotherhood Lodge #348	Sorgenfri Retirement Community
Downtown Lounge	Spencer Butte Middle School
Emerald Empire Kiwanis	Spiritual Growth Center
Eugene Eagles Lodge	Spring Creek Elementary
Eugene Faith Center	Springfield Creative Center
Eugene Hearing and Speech	Springfield Lutheran Church
Evergreen Film	Springfield Public Library
Girl Scouts	U.S. Postal Service
Goodwill Industries	Umpqua Bank
Hayden Family Dental Group	US Bank
Malabon School	Valley Covenant Church
Molecular Probes	Wells Fargo Bank
Northwest Community Credit Union	Willakenzie Elementary School
Oregon Track Club	Willamalane Senior Center
OSPIRG LCC	Willamette National Forest
Peace Health	Windemere-Jean Tate

Thank You!

Growing Plants, People and Community



Don't miss your opportunity to see the gardens at their peak. Students, volunteers and FFLC staff have been hustling all spring and early summer to prepare planting beds and get the main season crops growing. Visit any of the gardens and you will see a palette of 30 different vegetables and an abundance of flowers, berries and fruit trees.

The 12-person Youth Farm crew has been hard at work since June seeding, planting, weeding and harvesting the three acres while stretching their physical limits and learning about the food system, sustainable agriculture and plant families. Our new and improved produce stand, open Saturdays from 10 a.m. to 2 p.m. and run by our second-year crew of youth managers, is being constructed by volunteer Chris Percival with donations from the Emerald Empire Kiwanis.

The GrassRoots Garden is in full bloom and cut-your-own flower sales will be continuing this summer. Look for our bouquets at the Tuesday Farmers' Market consignment booth. Students from the Looking Glass Stepping Stone program are continuing the work of alternative school students and volunteers from the spring, working hard to maintain the garden, weeding, harvesting and prepping beds as part of the ever popular poop patrol. Compost specialists are refining their compost and compost tea thanks to a new \$400 microscope donated by Elaine Ingham, director of Soil Food Web, Inc.

On August 29, at 12:30 p.m. at the GrassRoots Garden, volunteers, community members and staff will commemorate the life and contributions of a much loved volunteer, Janet Dunn, who

recently passed away (see related article). A stone drinking fountain will be dedicated in her honor. All are welcome.

Community garden plots at Churchill Community Garden are full of flowers, berries and vegetables of all colors, shapes and sizes. Students at Looking Glass Center Point School are assisting staff and interns to maintain the school garden during the summer months while school is on recess.

You can be involved in the work of the gardens, help us grow food for our neighbors, support our community's youth and create beautiful spaces where people can connect to the land and to each other. Your contributions of time, materials, money and goodwill are greatly appreciated.

Summer in the Garden

Don't miss these opportunities to visit the Youth Farm this summer.

Youth Farm Fest August 28

This grand opening of our new produce stand will feature farm tours, tasty dishes and samples of our heirloom tomatoes and melons.

Benefit BBQ August 31

Community gardener and chef John Weakland will host a benefit barbecue for the Gardens featuring music and dance with a hill-billy theme.

Volunteer Drop-in Hours at the Gardens

GrassRoots Garden
1465 Coburg Road
Tues-Sat 9-2 p.m.

Youth Farm
Flamingo Road, Springfield
Tues-Sat 9-2 p.m.

Churchill Garden
2200 Bailey Hill Road
Tues 9-1 p.m.

UO Receives Hunger Buster Award

The University of Oregon received the prestigious Hunger Buster Award this spring. The award is presented each year by Oregon Food Bank to individuals and groups who have made a significant contribution in the fight against hunger and for outstanding support of the statewide Oregon Food Bank Network, of which FOOD for Lane County is a member.

FFLC nominated the University for the statewide award because the UO consistently demonstrates its commitment to hunger issues by partnering with FFLC in a variety of ways. The UO raises more food and funds for the Governor's State Employees Food Drive than any other state agency in Lane County. The University is FFLC's biggest Food Rescue Express donor, giving tens of thousands of pounds every year.

The UO's Oregon State Public Interest Research Group (OSPIRG) chapter annually plans activities to raise awareness about hunger and homelessness and organizes students to take

action. The UO Planning, Public Policy and Management Department implemented a Community Outreach Partnership Center (COPC) that helped start FFLC's Extra Helping program at two low-income housing sites in 2000. The program has grown to include 10 housing communities. The UO's Center for the Study of Women in Society invites FFLC staff to speak to their classes and at events and co-hosted the Walk-A-Mile project in the fall.

Up to five UO interns work on a variety of projects and programs each term at FFLC, and numerous groups, including fraternities, sororities, honor societies, faith-based groups, student unions and many university departments, volunteer their time. UO President Dave Frohnmayer was the keynote speaker at FFLC's Facing Hunger benefit luncheon in November 2003.

Congratulations to the students, staff and faculty of the University of Oregon, and thank you for all you do to help alleviate hunger in Lane County.

Thank You!

FOOD for Lane County greatly appreciates the support and contributions of the following businesses and individuals who made Chef's Night Out and Empty Bowls such huge successes this year. Because of your partnership, we raised over \$150,000 to alleviate hunger in Lane County!

CHEF'S NIGHT OUT

Sponsors: Symantec, Market of Choice, King Estate, Jerry's Home Improvement Center, Pak Tech, Weyerhaeuser Company, KVAL, Clear Channel, AcuteTel, Inc., Burley Design Cooperative, Country Coach, Inc., Dari-Mart Stores Inc./Lochmead Dairy, Emerald Valley Kitchen, Essex General Construction, Inc., NW Natural, Pacific Benefit Consultants, Pacific Continental Bank, Pacific Source Health Plans, Sign Pro, Umpqua Bank, Wilcox Farms.

In-kind Sponsors: American Linen, IP/Koke, Sign Pro, Spicer's Paper Northwest, TechnaPrint, Tom and Sue Hunnel, Sanders Safety Supply Co.

Participating Restaurants and Beverage Purveyors: Adam's Place, Ambrosia Restaurant & Bar, Ax Billy Grill/DAC, Bend Distillery, Bene Gourmet Pizza, Beppe and Gianni's Trattoria, Brindiamo Catering and the Excelsior Inn, Broadley Vineyards, The Broadway, Cafe Soriah, Chanterelle, Chateau Lorane, Deschutes Brewery, Dive Bar & Grill, Eugene City Bakery, Eugene Wine Cellars, Euphoria Chocolate Co., Fisherman's Market, Full City Coffee Roasters, Full Sail Brewing, High Pass Winery, Humble Bagel Company, Irala Mediterranean Rustica, Iris Hill Wines, Jake's Place, Jo Federigo's Restaurant and Jazz Club, Ring of Fire Restaurant and Catering, King Estate Winery, KoHo Bistro, LaVelle Vineyards, Mac's at the Vet's Club & McCallum's Custom Catering, MacTarnahan's Brewing, Mallard Banquet Hall, Wild Duck Catering, Marché, Marché Café, Mazzi's, Mekala's, Napoli Restaurant & Bakery, Northwest Vending, Pepsi-Cola of Eugene, Premier Distributors, Inc., RainSong Winery, Red Agave, Salishan Lodge and Golf Resort, Secret House Winery, Shadow Hills Country Club, Shiki Japanese Cuisine, Silvan Ridge/Hinman Vineyards, Sweet Life Pâtisserie, Tyee Wine Cellars, Waterfront, West Bros. Brewery, West Bros. River Ranch, Willamette Valley Vineyards, Willie's on 7th Street, Wolaver's Brewery, Young's Columbia.

EMPTY BOWLS

Bowl Sale: RBC Dain Raucher (Sponsor), Adam's Place, American Linen, Brush Fire Pottery, Café Yumm, Club-Mud Clay Co-op, Dive Bar & Grill, Downtown Eugene, Inc., Eugene Glass Guild, Eugene Glass School, Eugene School District 4J, Fettucine & Company Catering, Fisherman's Market, Georgie's Ceramic and Clay Company, G Group, LLC Property Management, Ann Hubbard, J. Michael's Books, King Estate Winery, KVAL, Local Clay, Marché Café, North Eugene High Ceramics Students, Oregon Glass Guild, Passion Flower Design, Pewter Rabbit Antiques, Poppi's Anatolia, River Ranch, Samba Ja, The Register-Guard, TechnaPrint, The Broadway, Three Square, View Design, Inc.

Family Night: Brush-Fire Pottery (Sponsor), Craft World, Lane Events Center, Regal Entertainment Group, Hollywood Entertainment Corp., Baskin-Robbins, Flicks & Pics Etc., Ben Franklin Crafts.

Silent Auction: Adams Place, Alder Gallery, Beaudet Jewelry, Inc., Best Little Printhouse, Footwise The Birkenstock Store, Bombay, Café Yumm, Cat's Meow Jazz, Chikara Salon, Dept. of the Interior, Framin' Artworks, French Quarter, Garden Artscapes, Goldworks, Hawthorne's Café & Deli, J. Michael's Books, Letterhead, Marché, MoonRay Imaging, Nick & Nora's, Oakway Deli, Oregon Gallery, Of Grape & Grain, Pacific Continental Bank, Peterson-Arne, Raven Frame Works, Rejuvenation, ScanDesign, Skeie's Jewelers, Sundance Wine Cellars, Town Club, Umpqua Bank, Uncommon Scents, Washington Mutual Bank.

Dinner/Auction: Orthopedic Spine Associates (Sponsor), 5th St. Market, Abed's Limosine Service, Action Rental & Party Time, American Medical Concepts, Inc., Bagel Sphere, Beautifully Yours, Bello Day Spa, Border's, Brighter Homes, John Brown, Buck's BBQ, Burley Design Cooperative, Café Botanica, Café Mam, Charles Little, Chef Becky, Nick Chrones, Comcast, Corvallis Country Club, Costco, Cross Town Movers, Curtis Restaurant Supply, Dandelion's Flowers, Deschutes Brewery, Down to Earth, Downtown Liquor Store, Janice Dunn, Eagle Crest Resort, Essig Entertainment, Euphoria Chocolate Company, Excelsior Inn, Fiddler's Green, French Quarter, Mark and Jane Gilbert, Gray's Garden Center, Helfrich River Outfitters, Hult Center for the Performing Arts, Humble Bagel, J. Michael's Books, Jerry's Home Improvement Center, Ken Scott, King Estate Winery, Lane Forest Products, Lange Winery, Market of Choice, Mekala's, Mt. Hood Distributors, Northwest Natural, Oak Warehouse, Osen, Oregon Copper Bowl Company, Palace Bakery, Passionflower Design, Pewter Rabbit Antiques, Premier Distributors, Qwest, Raven Frame Works, Reed & Cross, Rhythm & Blooms, Rife's Home Furniture, River Ridge Golf Course, Salishan Lodge & Golf Resort, Savoure, Skeie's Jewelers, Shadow Hills Country Club, Supreme Bean Coffee Co., The Japanese Garden Society of Oregon, The Shamrock, University of Oregon, Zenon Café.

Empty Bowls Contributing Artists: Dorothy Atneave, Dan Alley, Michael Baines, Mary Briggs, James Burke, Casey Campbell, Don Clarke, Michelle Clesse, Ellen Davidson, Joe Davis, Sue Dickman, Tracy Doyle, Mat Dubois, Thanh Binh Duong, Judy Evitt, Rhoda Fleischman, Michael Fromme, Laura Gerards, Anne Glancy, Michiyo Goble, Brian Gorrin, Frank Gosar, Kelsey Grant-Jenkins, Reed Gray, Barb Haddad, Avi Harriman, Jason Harris, Moriah Hart, Terrence Heldreth, Mary Hindman, Jeani Holder, Mary Hornig, Ann Hubbard, Norm Hull, Susan Hurst, Kay Irish, Tim Jarvis, Cliff Jenks, Joanie Kleban, Sam Lee, Kathy Lee, Charlie Lowery, Tracie Manso, Jocelyn McAuley, Sookjae McCarty, Anna McRae, Mat Mosher, Hank Murrow, Merry Newcomer, Brian Nordlof, Olga, Amy Palatnik, Lynn Pederson, Kathleen Piper, Mike Plane, Don Prey, Faith Rahill, Tom Rohr, Karen Russo, Richard Sanchez, Dan Schmidt, Maryanne & Dan Smith, Renee Stacey, Kenneth Standhardt, Daphne Stone, Molly Summerlight, Katie Swenson, Crow Sykora, Coni Tarquini, Margie Templeton, James Tinge, Sheila Turner Hane, Karen Washburn, Brandt Weaver, Ralph Wilson, Laura and Dave Winkleblack, Ray Wissig, Robert Wolchock, Laura Zuke.

NEEDED ITEMS AND SERVICES:

HEALTHY FUTURES

- 3-ring binders

CLEANING PROGRAM

- Sturdy and accurate portable scales

FAMILY DINNER PROGRAM:

- Children's books
- Art supplies
- Metal spoons and forks

GARDENS PROGRAM

- Large plastic totes with lids
- Large wicker baskets
- Greenhouses
- Skill saw
- Exterior extension cord
- Landscape fabric
- Metal T-posts
- Trellising materials
- Skilled carpenter
- Weed eater

EXTRA HELPING PROGRAM

- Freezers and refrigerators

SUMMER FOOD SERVICE PROGRAM

- Small first-aid kits
- Collapsible cardboard tables
- Free or discounted lamination

OFFICE

- Laminator
- Yard maintenance
- Window washing

WAREHOUSE

- Weed eater
- Truck maintenance

VOLUNTEERS!

Many volunteer opportunities exist. Contact Sheyla Norte at 343-2822 or volunteer@foodforlanecounty.org for information. Thank you to all who generously give items to help our programs run smoothly.

Walkers Step Out to Benefit FFLC

More than 200 people turned out on Father's Day for a 26.2-mile marathon and 13.1-mile half marathon walk/run. The second annual Walk With Me event was organized by Eugene fitness walking instructor Tyler Burgess, who donated all the proceeds from the event to FOOD for Lane County. Burgess also donated proceeds from last year's walk.

"I appreciate what FOOD for Lane County does, and I'm glad to support you," said Burgess, who teaches fitness walking and marathon training classes at Lane Community College and the University of Oregon and leads walkers' workshops on her own. She also leads walking tours through Italy, Ireland, England and New York City, as well as Eugene.

Plans for next year's event, to be held in Eugene on June 18, 2005, are already in the works. "People love supporting FFLC," said Burgess. "I want to keep doing this for FFLC." Thank you to Tyler for generously donating the proceeds and to local retailers McKenzie Mist, Brooks and Foot Solutions for sponsoring the event.

To prepare people for the 2005 event, Burgess will lead a free marathon walking training clinic on Oct. 9 from 9 a.m. to 10 a.m. at Foot Solutions, 1011 Valley River Way. For more information, go to www.walk-with-me.com.